

INFORMED CONSENT CHECKLIST FOR TELEPSYCHOLOGICAL SERVICES AND PHONE CONSULTS

By signing this form, you are acknowledging that prior starting video conferencing services or any telephone sessions, we discussed and agreed to the following:

- There are potential benefits and risks of video-conferencing or phone conferencing (e.g. limits to patient confidentiality) that differ from an in-person session.
- Confidentiality still applies for telepsychology services, nobody will record the session without the permission from the other person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions (at this time C3Now which is HIPPA approved) and the psychologist will explain how to use it.
- You will need to use a webcam, iPad or smartphone during the session.
- It is important to be in a quiet **private** space that is free of distractions(including cell phones or other devices unless the cellphone is being used for the session) during the session. Make sure you are alone, if this is an individual session, and will not be disturbed.
- It is important to use a secure internet connect rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment you must notify the psychologist in advance by phone or email message on TherapyAppointment.com
- We need a back-up plan (e.g. , phone number where you can be reached and you should have the psychologist's phone #) to restart the session or to reschedule it, in the event of technical problems.
- While we don't expect problems, it is important that there is a safety plan in place that includes your psychologist and you being aware of at least one emergency contact and the closest ER to your location in case of an emergency/or crisis situation.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information, as well as yours, if you are a teenager) for you to participate in telepsychology sessions.
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not, you are responsible for full payment.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person.
- You will need to pay any copay before the session using a debit or credit card. If the session is canceled for any reason the session will be reimbursed /refunded back to your card.

Dr. Dayton is a Licensed Psychologist and her Licensed is renewed annually from January 1st to the following January 1st with the Texas State Board of Examiners of Psychologists. Her license # is 2-4677. For information on how to verify her license go to www.tsbep.texas.gov. For information on how to file a complaint, please go to the following page: <https://www.tsbep.texas.gov/how-to-file-a-complaint-enforcement>.

Psychologist Name /Signature: _____ Patient Name(printed): _____

Patient/guardian/patient's legal representative signatures: _____

Minor's signature (if minor is patient): _____

Date _____

List Emergency Contact and Phone: _____

